



SAINT ANSELM  
COLLEGE

CONTINUING NURSING EDUCATION

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18th ANNUAL CONFERENCE

*Nurse Leaders  
& Managers*

**The Future of Health  
Care Has Arrived:  
Are Nurse  
Leaders Ready?**

**Thursday & Friday,  
October 24 & 25, 2013**

**The Colony Hotel**  
140 Ocean Avenue  
Kennebunkport, Maine

PROVIDED BY:



SAINT ANSELM  
COLLEGE

CONTINUING NURSING EDUCATION  
Committed to Advancing the Practice of Nursing

## 18th ANNUAL CONFERENCE

# Nurse Leaders & Managers

The Future of Health Care Has  
Arrived: Are Nurse Leaders Ready?

[WWW.ANSELM.EDU/CNE](http://WWW.ANSELM.EDU/CNE)

## DISTINGUISHED FACULTY



**ANNABEL BEEREL, PHD**, President & CEO, New England Women's Leadership Institute, Sudbury, MA



**JEFF DOUCETTE, DNP, RN, CEN, FACHE, NEA-BC**, Vice President of Patient Care Services and Chief Nursing Officer, Bon Secours Mary Immaculate Hospital, Newport News, VA



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**CAROL HUSTON, MSN, DPA, FAAN**, Director, School of Nursing, California State University-Chico, Chico, CA



**LINDA HONAN PELLICO, PHD, APRN**, Yale University School of Nursing, New Haven, CT

## PLANNING COMMITTEE

**AMY GUTHRIE, MS, RN**, Director, Continuing Nursing Education, Saint Anselm College, Manchester, NH

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**KATHLEEN THIES, PHD, RN**, Senior Clinical Researcher, Elliot Health System, Manchester, NH

**ROBERTA A. VITALE-NOLEN, MBA, MA, APRN-BC**, Administrator, Patient Care Services, New Hampshire Hospital, Concord NH



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# 18th ANNUAL CONFERENCE

# Nurse Leaders & Managers

## The Future of Health Care Has Arrived: Are Nurse Leaders Ready?

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## CONFERENCE AGENDA

### WEDNESDAY, OCTOBER 23, 2013

4:00 PM–5:30 PM **Early Registration**  
*Want a chance to sleep a little later or enjoy a more leisurely breakfast? Take advantage of our early registration opportunity*

### DAY 1 • THURSDAY, OCTOBER 24, 2013

7:30 AM–8 AM **Registration and Coffee**

8 AM–8:15 AM **Welcome and Opening Remarks**

8:15 AM–9:45 AM **KEYNOTE: Preparing Nurse Leaders for 2020** ..... Carol Huston, MSN, DPA, FAAN  
This presentation will examine leadership competencies likely to be critical for nursing leadership success in 2020.

10:05 AM–11:20 AM **Concurrent Sessions (Choose either A or B)**

**SESSION A: Emerging Technologies and Their Impact on the Future of Health Care and Nursing** ..... Carol Huston, MSN, DPA, FAAN

**SESSION B: Stop the Tug of War: Let's All Pull Together** ..... Pamela Hunt, MSN, RN

11:30 AM–12:30 PM **Lunch (provided)**

12:30 PM–1:45 PM **Concurrent Sessions (Choose either C or D)**

**SESSION C: The Power of Introverts and Their Role in Leadership** ..... An alternative learning experience facilitated by planning committee

**SESSION D: How Do I Decrease Costs without Limiting Bedside Support?** ..... Pamela Hunt, MSN, RN

2:00 PM–3:15 PM **PLENARY 1: Leadership and Ethics: Two Sides of the Same Coin** ..... Annabel Beerel, PhD  
This presentation clarifies how the concept of leadership and ethics cannot be divorced and that leadership, properly defined, always assumes ethical behavior. This session also discusses how and why leaders often behave unethically and how readily they can turn from leaders into misleaders!

3:20 PM–4:35 PM **Concurrent Sessions (Choose either E or F)**

**SESSION E: Staying CLEAR: Living Life from Place of Inner Freedom** ..... Annabel Beerel, PhD

**SESSION F: Leadership in Community-Based Settings** ..... Eileen Esposito, DNP, MPA, RN-BC, CPHQ

4:45 PM–5:30 PM **Wine & Cheese Reception**

### DAY 2 • FRIDAY, OCTOBER 25, 2013

7:30 AM–8:00 AM **Registration for New Attendees and Coffee**

8:00 AM–9:15 AM **PLENARY 2: New Horizons in Health Care: What Nurse Leaders Must Know as Our Health Care System Changes** ..... Edgar Helms, MA, BA  
This session is designed to inform nursing leaders about the macro-environment of health care, including the key changes ahead that are likely to have a serious impact on our system and on nursing. A policy expert with many years' experience in the field of healthcare systems will discuss how ACOs, Medical Homes, meaningful use, and the use of clinical and other data sources will guide health systems in the future and the impact that will have on nursing's role and function.

9:45 AM–11:00 AM **Concurrent Sessions (Choose either G or H)**

**SESSION G: Privileged Interruption: A Call to Caring** ..... Jeff Doucette, DNP, RN, CEN, FACHE, NEA-BC

**SESSION H: Mentoring a New Generation of Leaders Using a Multi-Disciplinary Approach** ..... Eileen Esposito, DNP, MPA, RN-BC, CPHQ

11:10 AM–2:25 PM **PLENARY 3: Newly Licensed RNs' Experiences: What Nurse Leaders Need to Know** ..... Linda Honan Pellico, PhD, APRN  
If organizations agree that they want to improve Newly Licensed Registered Nurses' (NLRNs) working conditions, then isn't it time to begin hearing and heeding the words of our newest RNs? To understand factors that promote retention of NLRNs and those that contribute to turnover, Dr. Pellico will inform us about her research findings from a national sample of NLRNs. Her qualitative research findings related to what NLRNs like best about the profession and challenges in their work life will be detailed.

12:30 PM–1:30 PM **Lunch (Provided)**

1:30 PM–2:45 PM **PLENARY 4: Inhale Some Helium: It's Time to Lighten Up!** ..... Jeff Doucette, DNP, RN, CEN, FACHE, NEA-BC

2:45 PM–3:00 PM **Evaluations and Departures**

# NURSE LEADERS & MANAGERS CONFERENCE GENERAL INFORMATION

**LOCATION:** The Colony Hotel, Kennebunkport, Maine. This 1914 Grand Oceanfront hotel is included in the national Trust's Historic Hotels of America. Spectacularly situated on the rock promontory overlooking the Atlantic Ocean and the mouth of the Kennebunk River, it has a heated salt-water swimming pool, private, safe, surf beach, and gorgeous organic gardens. It's located within walking distance (1 mile) of the charming village of Kennebunkport.

**HOTEL INFORMATION:** A block of overnight rooms have been reserved at the special conference rate of \$109 garden side and \$149 ocean side per night plus tax; includes a full breakfast. Make reservations directly with the hotel – ask for the Saint Anselm College block. Overnight room reservation deadline: Rooms will be held until September 8, 2013. Thereafter, rooms and group rate may no longer be available. For additional information and directions, please call The Colony Hotel at 800-552-2363 or visit their website: [www.thecolonyhotel.com](http://www.thecolonyhotel.com).

**GROUP DISCOUNT:** If five or more people from the same agency register at the same

time for the same conference, you may deduct 10%. Mailed registrations must arrive in the same envelope. Faxed registrations must arrive together. Not combinable with Early Registration Discount.

**EARLY REGISTRATION DISCOUNT:** In order to receive Early Registration Discount, payment in the form of a check, Visa or MasterCard must accompany registration form and be in our office by September 18, 2013. All payments must be received by the start of the conference or a personal check/cash/credit card will be necessary to attend. Not combinable with Group Discount.

**CANCELLATION/REFUND POLICY:** Registrants who are not able to attend or send a substitute can obtain a refund of registration fees, minus a \$60 processing fee. A written request must be received by October 10, 2013. **REFUNDS WILL NOT BE ISSUED AFTER THIS DATE – NO EXCEPTIONS.**

**CONFIRMATIONS:** your confirmation will be emailed to you. Since some concurrent sessions will be limited in size, early registration is advised.

**CONFERENCE HANDOUTS:** A link will be emailed to all participants 10 days prior to the start of the conference.

**CONCURRENT SESSION DESCRIPTIONS:** Visit [www.anselm.edu/cne](http://www.anselm.edu/cne) for session descriptions and objectives.

**TAPING IS NOT ALLOWED.**

**CONTACT HOURS:** this conference carries a maximum of 11.75 contact hours for this conference.

**MORE INFORMATION/SPECIAL NEEDS:** Please call 603-641-7086. You may also visit [www.anselm.edu/cne](http://www.anselm.edu/cne).



Saint Anselm College is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

## CONFERENCE REGISTRATION FORM

**MAIL:** Saint Anselm College, Continuing Ed #1745  
100 Saint Anselm Drive  
Manchester, NH 03102-1310

**PHONE:** 603-641-7086,  
credit card required

**FAX:** 603-641-7089  
credit card required

**ONLINE:** [www.anselm.edu/cne](http://www.anselm.edu/cne)  
credit card required

### NURSE LEADERS & MANAGERS CONFERENCE

Name (please print clearly or type) \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip (Essential) \_\_\_\_\_

Credentials \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Email (REQUIRED) \_\_\_\_\_

Handout link will be sent to this email address.

Employing Agency \_\_\_\_\_

Address \_\_\_\_\_

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Signature \_\_\_\_\_

### CONCURRENT SESSION SELECTIONS (REQUIRED)

Assignments will be made on a **FIRST COME, FIRST SERVE** basis.

**Date** **Session (circle 1st choice)**

Thursday, October 24

Morning choice A or B

Afternoon choice C or D

Afternoon choice E or F

Friday, October 25

Morning choice G or H

### REGISTRATION FEES

**NOTE:** Conference fee includes continental breakfast, lunch, and breaks.

| DAY:                | EARLY:<br>by Sept. 18                    | REGULAR:<br>after Sept. 18             |
|---------------------|--|--|
| 1-day Registration  | _____ \$205                              | _____ \$225                            |
| 2-day Registration  | _____ \$380                              | _____ \$420                            |
| Companion           |  |  |
| Lunch Ticket (\$25) | <input type="checkbox"/> Thurs., Oct. 24 | <input type="checkbox"/> Fri., Oct. 25 |

**Total of above selections:** \$ \_\_\_\_\_

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